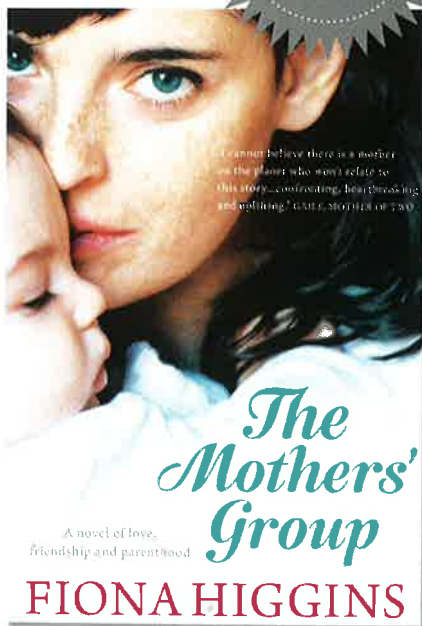




Make room on your bookshelves, because this month we have a wide assortment of books you'll be wanting to add to your collection. From romance and thrillers to nonfiction and cookbooks, you'll find plenty to read.

April Must-Read

THE MOTHERS' GROUP
By Fiona Higgins
Allen & Unwin



This month's book selection is certainly not for everyone. If you are not a parent, and don't plan to be one, this book will probably hold no appeal. But for those who are parents or would like to be, this book is a great read.

Most new parents comment at some time in their baby's first year that they didn't expect parenting to be quite so challenging. *The Mothers' Group* by Fiona Higgins shows just how bad it can get, along with a storyline that many mothers will be able to relate to.

The book is told from the perspectives of six very different women. It's fiction, so all the stories are exaggerated, and there are a few obvious twists and turns, but it's also a gripping read, as you really connect with each character and the story.

I read the first three-quarters of the book without putting it down and probably would have kept reading had a major incident in the book not taken me by surprise and left me feeling a little chilled to the bone; as the mother of a two- and six-year-old, I didn't enjoy reading it. But after a short break, I continued and was glad I did.

The Mothers' Group is Fiona Higgins' first novel.

ABOUT THE AUTHOR:

Based in Sydney, Fiona Higgins is one impressive woman. As well as being an author and



the mother of three young children, Higgins works in philanthropy and social investment and currently serves on a number of boards in the nonprofit sector, including the Caledonia Foundation and the Royal Agricultural Society Foundation of New South Wales. Higgins also published a memoir, *Love in the Age of Drought* (Pan MacMillan), in 2009. It tells the story of when she met and fell in love with her now-husband, Stuart Higgins, and moved from Sydney to a drought-stricken farm in Queensland.

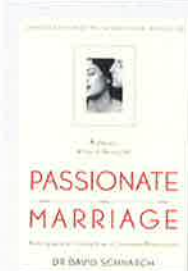
MORE AT MINDFOOD.COM



VISIT us for an exclusive interview with author Fiona Higgins on writing *The Mothers' Group*.

KEYWORDS: BOOK CLUB, FIONA HIGGINS, THE MOTHERS' GROUP

From March



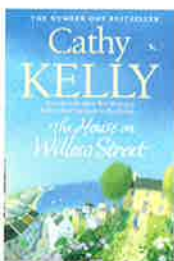
RELATIONSHIPS

Passionate Marriage
By Dr David Schnarch
Scribe Publications

An updated version
Dr David Schnarch's

2007 book, *Passionate Marriage* looks at how you can achieve pleasure and fulfilment through a mature sense of self.

New Releases



FICTION

The House on Willow Street
By Cathy Kelly
HarperCollins

Four women find themselves in an Irish village and try to lay the past to rest. Tess wants

to move on after a failed marriage. Suki, Tess's sister, has secrets she must keep hidden. Danae is hiding who she really is, and Mara is looking for a fresh start.



FICTION

The Boy Who Fell To Earth
By Kathy Lette
Random House

True to her quirky and clever style, Lette's latest book is a heartwarming and humorous story about

a mother's love for her autistic son, Merlin, and her return to the world of dating. Things don't exactly go according to plan – especially when Merlin's father returns without warning.